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ORIGINAL RESEARCH ARTICLE



Omeprazole and Risk of Hypertension: Analysis of Existing Literature and the WHO Global Pharmacovigilance Database

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Abstract

Introduction The association between omeprazole and hypertension is poorly documented. The summary of product characteristics of omeprazole approved by major regulators did not mention hypertension as an adverse drug event. Triggered by a locally reported case, this study was conducted to assess the possible causal relationship between omeprazole and hypertension.

Methods Globally reported cases of hypertension following use of omeprazole submitted to the World Health Organization global database, VigiBase, were retrieved on 5 March 2024 and analyzed descriptively. Besides this, a literature search was made to identify preclinical, clinical, and epidemiological information on the association between omeprazole and hypertension or increased blood pressure using different data sources. Relevant information, gathered from different data sources, was finally systematically organized into an Austin Bradford-Hill causality assessment framework to assess the causal relationship between omeprazole and hypertension.

Results VigiBase indicated a total of 1043 cases of hypertension related to omeprazole from 36 different countries. In the global database, a statistical signal was triggered (IC $_{025}$: 0.12) on association of omeprazole and hypertension. From the 1043 cases, 65.0% and 10.6% were reported as 'serious' and 'fatal', respectively. Hypertension resolved following withdrawal of omeprazole in 85 cases and recurred after re-introduction of the suspect drug in 14 cases. In 225 cases, omeprazole was the only suspected drug, while in 122 cases, omeprazole was the sole drug administered. When only these 122 cases were considered, 29 cases had positive dechallenge, four cases were with positive rechallenge and the median time-to-onset was 2 days. Literature search identified a possible biological mechanism and some experimental evidence that indicates omeprazole could possibly cause hypertension.

Conclusion Currently available totality of evidence suggests there is a possible causal relationship between omeprazole and hypertension. Hence, it is recommended to monitor and report any incidence of hypertension related to omeprazole, and further epidemiological studies are recommended to corroborate the suggested causal association.

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Key Points

Omeprazole is not known to cause hypertension.

The possible causal relationship of omeprazole and hypertension was assessed by analyzing the WHO global database of individual case safety reports and publications.

The available totality of evidence suggests there is a possible causal relationship between omeprazole and hypertension that warrants monitoring and reporting any incidence of hypertension related to omeprazole.

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1 Introduction

Drug-induced hypertension represents an important and modifiable cause of secondary hypertension. Many drugs are known to cause elevated blood pressure or hypertension [1]. Nevertheless, omeprazole's effect on blood pressure is poorly documented. Except in the prescribing information of the innovator company of omeprazole approved by the United States Food and Drug Administration (FDA) [2], which reported elevated blood pressure as a post-marketing experience, the summary of product characteristics of omeprazole approved by major regulators does not mention elevated blood pressure and/or hypertension as an adverse drug event [3–5].

Several studies explored the association between proton pump inhibitors (PPIs), including omeprazole, and the risks of cardiovascular disorders (CVDs) [6-13]. These studies reported that the use of PPIs has been associated with increased risks of ischemic stroke and myocardial infarction. None of these studies, however, explicitly considered hypertension as an outcome measure, except in one clinical trial in which dexlansoprazole is reported to be associated with hypertension, especially at higher doses [3]. In contrast, in a large randomized COGENT (Clopidogrel and the Optimization of Gastrointestinal Events Trial) study, omeprazole did not increase the risk of cardiovascular events in patients with prior cardiovascular diseases [14]. Furthermore, in a review study evaluating the safety of omeprazole, which comprised 72 publications from 1995 to 2018, hypertension was not reported as a possible side effect of omeprazole [15]. To the best of the authors' knowledge, there is, nevertheless, a paucity of studies related to omeprazole and hypertension.

The Eritrean Pharmacovigilance Centre received a reported case of a 35-year-old female non-hypertensive patient who experienced palpitations [pulse rate: 98 beats per minute (bpm)], increased blood pressure of 160/100 mmHg, nausea, and generalized weakness 3 days following the initiation of an omeprazole 20 mg twice-daily regimen that was prescribed for peptic ulcer disease. At the time of reporting, the increased blood pressure could not be resolved even with the withdrawal of omeprazole. Triggered by this report, this study was conducted to assess the causal relationship between omeprazole and hypertension by analyzing the World Health Organization (WHO) global pharmacovigilance database and the scientific/medical literature.

2 Methods

2.1 Study Design and Data Source

A retrospective descriptive analysis of cases of hypertension associated with omeprazole reported to the WHO global database, VigiBase, and in the medical literature was carried out. VigiBase, the world's largest pharmacovigilance database with over 37 million individual case safety reports (as of March 2024) was used as the main data source for this study [16]. The global database, which has been collecting data since 1968, currently pools safety data from 150+countries. In addition, published articles that associated omeprazole with hypertension were searched in the medical literature and globally available databases.

2.2 Exposure and Outcome Definition

The primary exposure of interest was omeprazole or omeprazole-containing products used in all dosage forms, regardless of their dose, frequency, and duration. The primary outcome measure for this study was a reported diagnosis of hypertension following use of omeprazole or omeprazole-containing products.

2.3 Data-Mining Approach

Data were retrieved from VigiBase using an analysis tool called VigiLyze, which is regularly maintained by the Uppsala Monitoring Centre on behalf of the WHO [16]. To identify all globally reported cases of hypertension associated with omeprazole, a search was made on 5 March 2024, using 'omeprazole' as an active ingredient or drug substance and 'hypertension' as a MedDRA (Medical Dictionary for Regulatory Activities) reaction term (preferred term). Possible duplicates were eliminated using VigiMatch, a tool developed by the Uppsala Monitoring Centre to remove duplicate safety reports, which takes into account reported drugs, ADRs, patient age and sex, reaction onset, and country of origin. In order to achieve this, the database was set to 'de-duplicate', which automatically removes all suspected/potential duplicates from the analysis. The same search criteria were applied for both qualitative and quantitative data analysis in VigiLyze. The data mining was done by two authors, MB and MR, who have experience in data mining from VigiLyze.

2.4 Literature Search and Labeling

In an effort to explore the association between omeprazole and hypertension or increased blood pressure, literature searches were carried out in PubMed, Google Scholar, the Martindale adverse drug reactions checker [17], and SIDER side effect resources [18]. The search terms used were 'omeprazole' as a drug substance and 'hypertension' or 'increased blood pressure' as reaction terms. To check whether the causal association between hypertension and

omeprazole is documented (labeledness), we also referred to the summary of product characteristics and/or prescribing information of omeprazole approved by major regulators such as the European Medicines Agency (EMA), the UK's Medicines and Healthcare Products Agency, and the FDA [2–5].

2.5 Data Analysis

Retrieved data from VigiBase was exported to Excel spreadsheet 2019 for descriptive analysis. Reaction outcomes, seriousness, reason for seriousness, time-to-onset of hypertension, dechallenge and rechallenge information, patients' demographic characteristics, dose, and other relevant information were explored from the retrieved dataset. Patients with a history of previous hypertension were excluded from the analysis, as they had already developed the outcome of interest. To explore the strength of the causal association, a two-stage subgroup analysis was also carried out. In the first stage of the subgroup analysis, only cases with a single suspect (i.e., omeprazole) were included, meaning that, cases in which omeprazole was the only suspected drug (as reported) as a possible cause of hypertension, regardless of whether any concomitant medications were taken or just omeprazole, were retrieved. Cases of hypertension suspected to be caused by the sole administration of omeprazole were further retrieved in the second stage of the subgroup analysis. In both stages of the subgroup analyses, cases with positive dechallenge and rechallenge, the number of reporting countries, sex, median age, dose, outcome, and time-to-onset of hypertension were researched.

2.6 Causality Assessment

Relevant information gathered from different data sources was systematically organized using the Austin Bradford-Hill Criteria as a causality assessment framework in aggregate form to assess the causal relationship between omeprazole and hypertension [18]. Using the Austin Bradford-Hill criteria, the strength of the association, consistency and specificity of the association, temporal relationship, experimental evidence, biological plausibility, dose-response relationship, coherence, and analogy of the association were assessed. Finally, evidence that supports the causal relationship and, on the other hand, information that supports an alternative explanation were critically reviewed.

3 Results

3.1 Reports in the WHO Global Pharmacovigilance Database, VigiBase

A total of 1,043 de-duplicated cases of hypertension associated with omeprazole were found and retrieved from VigiBase. The cases were reported between 1990 and 5 March 2024 from 36 countries across six continents with the top ten reporting countries and number of reports as follows: USA (879), France (25), UK (23), Germany (18), Mexico (12), the Netherlands (11), Australia (10), Spain (10), Canada (5), and New Zealand (5).

The majority of the cases were females and \geq 45 years of age. Most of the cases (65.0%) were reported as 'serious', and the outcome was marked as 'fatal' in 10.6% (n=109). Overall, from the 1043 cases, there were 85 cases with positive dechallenge and 14 cases with positive rechallenge. The information component (IC) value (IC₀₂₅) was 0.03. A summary of the characteristics of the 1043 cases is depicted in Table 1. Furthermore, when the 1043 cases were stratified by age and sex, disproportionality analysis revealed a positive statistical signal with IC₀₂₅ of 0.1 in females while it was negative (IC₀₂₅ = - 0.1) in males. Similarly, disproportionate reporting was observed in those aged between 45 and 64 years (IC₀₂₅ = 0.01).

3.2 Subgroup Analysis

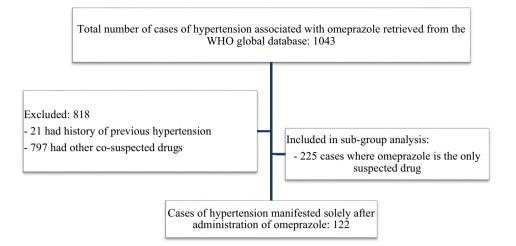
In the first stage of the subgroup analysis, after exclusion of the cases with a reported history of previous hypertension and those who had other co-suspected drugs, a total of 225 cases of hypertension associated with omeprazole were identified and included for analysis (Fig. 1). Of these 225 cases, hypertension resolved following withdrawal of omeprazole in 56 cases (positive dechallenge), and recurred after re-introduction of the suspected drug (omeprazole) in eight cases (positive rechallenge). The median time-to-onset of hypertension following use of omeprazole was 2.0 days (interquartile range (IQR): 1). Moreover, hypertension was the only reaction reported in 60 of the 225 cases with omeprazole as the only drug suspected (Table 2).

In the second stage of the subgroup analysis, only reported cases of hypertension that were suspected of being associated with the sole administration of omeprazole (n = 122 cases) were retrieved and further analyzed (Fig. 1). In this subgroup analysis, where information was available, hypertension resolved in 29 cases following withdrawal of omeprazole and recurred in four cases with re-introduction of the drug. The median time-to-reaction onset of hypertension following intake of omeprazole was 2 days (IQR 29.3). Additionally, hypertension was the only reaction reported

Table 1 Characteristics of the overall suspected cases of hypertension associated with the use of omeprazole (N = 1043) reported to VigiBase as of 5 March 2024

Sext No. Sext Sext Sext Sext Adate 513 33.7 Female 614 58.9 Unknown 78 7.5 2-17 10 1.0 18-44 84 84 8.1 4-54 10 1.0 1.0 18-44 84 84 8.1 2-17 1.8 1.0 1.0 1 8-44 84 84 8.1 2-17 1.8 1.0 1.0 1 8-44 1.8 1.0 1.0 1 8-44 1.8 1.0 1.0 1 8-44 1.8 1.0 1.0 1 8-44 1.8 1.1 1.0 2 4-4 1.0 1.0 1.0 2 5-7 1.1 1.0 2.0 2 75 1.1 2.2 2.4 2.4 A 4-5-64 2.3 2.4 2.3 2.4 A 14 <th></th> <th></th> <th></th>			
luctured by the control of one paracle of the control of the contr	Characteristics	No.	%
351 614 78 10 84 388 173 121 267 678 678 678 100 259 111 36 35 111 36 35 114 225	Sex		
614 78 10 84 388 173 121 267 678 678 265 100 259 111 36 35 1 569 85 14 244 225	Male	351	33.7
78 10 84 388 173 121 267 678 678 265 100 259 111 36 35 1 1 569 85 122	Female	614	58.9
10 84 388 173 121 267 678 265 100 259 111 36 35 1 569 85 14 225 122	Unknown	78	7.5
10 84 388 173 121 267 678 678 265 100 259 111 36 35 1 569 85 14 225	Age (years)		
84 388 173 121 267 678 678 265 100 259 111 36 35 1 1 569 85 122	2–17	10	1.0
388 173 121 267 678 678 265 100 259 111 36 35 1 1 569 85 122	18-44	84	8.1
173 121 267 678 265 100 259 111 36 35 1 1 569 85 14 244 225	45-64	388	37.2
121 267 678 265 100 259 111 36 35 1 1 569 85 122	65–74	173	16.6
267 678 265 100 259 111 36 35 1 1 569 85 14 244 225	≥ 75	121	11.6
678 265 100 259 111 36 35 1 1 569 85 14 244 225	Unknown	267	25.6
678 265 100 259 111 36 35 1 1 569 85 14 244 225	Seriousness		
265 100 259 111 36 35 1 569 85 14 244 225 122	Yes	678	65.0
100 259 111 36 35 1 569 85 14 244 225	No	265	25.4
259 111 36 35 1 1 569 85 14 244 225	Unknown	100	9.6
259 111 36 35 1 1 569 85 14 244 225	Reasons for seriousness		
111 36 35 1 569 85 14 244 225	Caused/prolonged hospitalization	259	24.8
36 35 1 569 85 14 244 225	Death	111	10.6
35 1 569 85 14 244 225	Disabling/incapacitating	36	3.5
1 569 85 14 244 225 122	Life threatening	35	3.4
569 85 14 244 225 122	Congenital anomaly/birth defect	1	0.1
85 14 244 225 122	Other medically important condition	269	54.6
14 244 225 122	Cases with positive dechallenge	85	8.1
244 225 122	Cases with positive rechallenge	14	1.3
225 122	Cases with single suspect	244	23.4
122	Cases with single suspect and no history of previous hypertension	225	21.6
Number of countries = 36 Information component (IC) value (IC $_{0.52}$) = 0.03	Cases with sole administration of omeprazole and no history of previous hypertension		11.7
Information component (IC) value (IC $_{0.5}$) = 0.03	Number of countries $= 36$		
	Information component (IC) value (IC _{0.25}) = 0.03		

Fig. 1 Inclusion criteria and number of cases retrieved from the global individual case safety reports database



in 41 of the 122 cases having omeprazole as a sole drug administered (Table 2).

3.3 Results of Literature Search and Labeling

Epidemiological studies that associate omeprazole with hypertension or increased blood pressure could not be identified in PubMed and Google Scholar searches. Furthermore, the association is not documented in Martindale's adverse drug reactions checker [17] or SIDER side effect resources [18]. However, reports indicating the association between PPIs and CVDs, particularly myocardial infarction and stroke, dose-response relationship of dexlansoprazole and hypertension, possible biological mechanisms, mouse models and cultures of human endothelial cells indicating PPIs caused cardiovascular problems, including the inability of blood vessels to relax, which could indirectly lead to hypertension [6–13, 19, 20, 22] are published elsewhere and are described in the relevant sections of this document. In addition, except for the innovator company's SmPC of PRILOSEC, approved by the FDA, which reported elevated blood pressure as a postmarketing experience, none of the SmPCs and/or prescribing information of omeprazole approved by major regulators such as the EMA and the UK's Medicines and Healthcare Products Agency have reported elevated blood pressure and/ or hypertension as an adverse drug event [3–5].

3.4 Results of Causality Assessment Using the Austin Bradford Hill Criteria

The existing level of evidence that supports and/or, on the other hand, provides an alternative explanation for the association is presented, as appropriate, in the nine criteria of Hill's causality assessment framework. Except for the dose-response relationship, at least some level of evidence that favors Hill's criteria were identified (Table 3).

4 Discussion

In the WHO global database, several cases of hypertension associated with omeprazole were identified. In the subgroup analysis, cases with a previous history of hypertension and those taking other drugs concurrently, other than omeprazole, were excluded to minimize confounders. Where time-to-onset was documented, the subgroup analysis reflected that the median time-to-onset of hypertension was shortly within 2 days following initiation of omeprazole. The fact that hypertension resolved following discontinuation of omeprazole and, again, recurred with re-introduction of omeprazole supports the causal relationship of this combination. Besides, having reports of different cases from several countries, observed by different persons, having a similar time-to-onset indicates consistency of the association, which also supports the causal relationship between omeprazole and hypertension. The differential reporting of hypertension related to omeprazole, among different countries, could be attributed to the country's population size, maturity of their pharmacovigilance systems, and extent of utilization of the product. The reasons for disproportionate reporting of omegrazole and hypertension in females and in those aged 45-65 years is unclear, as the denominator of omeprazole users or consumption data by gender and age, as well as their clinical features, are unknown because the data are gathered by spontaneous reporting.

In 112 cases, hypertension developed with the sole intake of omeprazole, making the association very specific in terms of the exposure of interest, and the fact that a significant proportion of the cases (41/122) developed hypertension as the only reaction suggests that the association was specific in terms of the outcome of interest. On the other hand, the advanced age of the subjects of around 60 years [35, 36] and the gastrointestinal (GI) problems in these subjects, including gastroesophageal reflux disease (GERD), which are known to be associated with

Table 2 Characteristics of cases of omeprazole-related hypertension with single suspect and single drug administered

(A) Cases with single suspect (n = 225)

Characteristics	No.	%
Sex		
Male	90	40.0
Female	120	53.3
Unknown	15	6.7
Cases with positive dechallenge: 56		

Cases with positive dechallenge: 56 Cases with positive rechallenge: 8

Countries reported: 26

Age (median = 59.5 years; IQR = 19)^a Dose (median = 20 mg; IQR = 0)^b

Time to onset (median = 2.0 days; $IQR = 1)^c$

Outcome: Recovered/recovering = 78; Not recovered = 31; Death = 2; Unknown = 113

Cases with no co-reported reaction = 60

(B) Cases with omeprazole only administered (n = 122)

Characteristics	No.	%
Sex		
Male	50	41.0
Female	62	50.8
Unknown	10	8.2

Cases with positive dechallenge: 29 Cases with positive rechallenge: 4

Countries reported: 24

Age (median = 58.0 years; IQR = 21)^d Dose (median = 20 mg; IQR = 20)^e

Time to onset (median = 2 days; IQR = 27)^f

Outcome: Recovered/recovering = 45; Not recovered = 14; Death = 2; Unknown = 60

Cases with no co-reported reaction = 41

IQR interquartile range

increased blood pressure/hypertension (though it is not known whether these GI problems cause hypertension) [37–40], could be considered as an alternative cause for hypertension in this study population. However, the consistency of about 2 days onset of action following intake of omeprazole (temporal relationship) and the positive dechallenge and rechallenge in several cases indicates a causal relationship between omeprazole and hypertension.

In the WHO global database, a statistical signal was observed for the association between omeprazole and hypertension. This means the number of cases of hypertension reported following the use of omeprazole have been higher than expected. Moreover, reports show that other

PPIs, such as dexlansoprazole (Dexilant), have been previously associated with hypertension, indicating an analogy of the association [19]. Development of hypertension with the use of omeprazole might be possible, as several studies have associated PPIs with cardiovascular events [6–13] and hypertension [19]. All these findings support the causal inference between omeprazole and hypertension. In the prescribing information of the innovator company of omeprazole, approved by the FDA, it is indicated that cases of hypertension have been reported as a post-marketing experience, which further supports the a causal association [2].

^aComputed from 162 cases

^bComputed from doses of 46 cases

^cComputed from time to onset of 81 cases

^dComputed from 79 cases

^eComputed from doses of 89 cases

^fComputed from time to onset of 40 cases

 Table 3
 Results of causality assessment of omeprazole and hypertension using the Austin Bradford Hill criteria

Cri	teria	Result	Interpretation
Str	ength of association	In VigiBase, a statistical signal was observed in the overall cases of hypertension (n=1043) associated with omeprazole with a positive information component (IC) value (IC ₀₂₅ : 0.03)	The association was strong
Co	nsistency of the cases	Different cases of hypertension following the use of omeprazole have been reported from different geographical locations (36 countries) In cases where time to onset is documented, hypertension was manifested shortly following administration of omeprazole; with a median of 2 days	The association was consistent
Spo	ecificity of the association	Hypertension developed following the sole intake of omeprazole in 122 cases and following the only suspected drug (omeprazole), though there were several drugs concurrently used in 225 cases Hypertension was the only reaction reported in a significant proportion (41/122) of the cases with sole intake of omeprazole	The association was specific in terms of the exposure of interest and the outcome of interest
Теі	nporality	In the cases where omeprazole was given as the only medicine, and in the cases where it was the only suspect, hypertension developed within a median of 2 days of using omeprazole, respectively	There was plausible temporality
	se-response ationship/biological gradient	Data that could inform the dose-response relationship could not be identified. Thus, this criterion is not applicable. However, the SmPC of one of the PPIs dexlansoprazole (Dexilant) showed that serious cases of hypertension have been reported at higher doses (mainly with twice daily doses) [19]. Besides, use of PPIs has been associated with increased risks of first-time ischemic stroke and MI, particularly among long-term users and at high doses [6]	NA
Bio	ological mechanism or plausibility	Several mechanisms have been reported as possible mechanisms related to omeprazole induced hypertension, which can indicate the causal relationship: PPIs induced impaired nitric oxide activity as a possible cause of increased cardiovascular risks [20, 22–26] hypomagnesemia, which could elevate vascular tone [27–31] high concentration of sodium in omeprazole [32], and omeprazole induced kidney problems such as interstitial nephritis [2, 33, 34], which can in	There are plausible mechanisms for the association

Table 3 (continued)

Criteria	Result	Interpretation
Experimental evidence	In the reports from VigiBase, in several cases it is indicated that hypertension resolved following discontinuation of omeprazole and recurred in a number of cases with re-introduction of the suspected drug (Table 1, Table 2) In mouse models and cultures of human	There is experimental evidence suggesting the association
	endothelial cells, it was found that PPIs caused cardiovascular problems, including the inability of blood vessels to relax, which could indirectly lead to hypertension [20, 22]	
Coherence	Omeprazole's innovator company (AstraZeneca) (reported as a post-marketing experience) [2] and dexlansoprazole (Dexilant), grouped in the same class as omeprazole, had previously been associated with hypertension [19]	The findings are in coherence with the established knowledge
	Several studies have associated PPIs with cardiovascular events [6–13]. These studies, however, did not explore the association of PPIs with hypertension	
Analogy	Most PPIs including omeprazole have been associated with cardiovascular events [6–13], and the PPI dexlansoprazole (Dexilant) has been previously associated with hypertension [19]	There are analogies that explain a similar association

IC information component, PRR proportional reporting ratio, ROR reporting odds ratio

The possible biological mechanism by which omeprazole could cause hypertension has been reported in several studies. In mouse models and cultures of human endothelial cells, it was found that PPIs cause cardiovascular problems, including the inability of blood vessels to relax, which could indirectly cause hypertension by reducing nitric oxide synthase [20, 22, 41]. According to these studies, it was found that PPIs suppressed the enzyme dimethylarginine dimethyl aminohydrolase (DDAH), which caused an increase in the blood levels of asymmetric dimethylarginine (ADMA), which in turn suppressed the production of another chemical messenger, nitric oxide (NO) [20]. In addition, treatment with omeprazole impairs vascular redox biology by XOR-mediated mechanisms, leading to tense vascular tissue compared to controls in rats [22]. Moreover, PPIs interference with the gastric formation of protective NO-related species from dietary nitrite and nitrate may also impair non-enzymatic formation of NO and normal cardiovascular function [23–26]. Some studies also associated PPIs with hypomagnesemia, which could elevate vascular tone and potentiates the vasoconstrictor activity of various agonists [27–31]. Furthermore, the high concentration of sodium in omeprazole can also be a possible mechanism for the emergence of hypertension [32]. Additionally, omeprazoleinduced kidney problems such as interstitial nephritis [2, 33,

34], which in turn can result in hypertension, are another possible mechanism.

The seriousness of hypertension and the several deaths reported underscore the importance of early detection and appropriate management of patients with hypertension. Taking the risk of hypertension and other previously identified cardiovascular adverse effects related to PPIs into consideration, patients, especially older adults on omeprazole, need to be closely followed up. Moreover, PPIs need to be prescribed by a qualified healthcare professional only when their use is actually required. This is because PPIs are one of the most frequently prescribed classes of drugs worldwide, and yet about half of the prescriptions are known to be inappropriate [42–44]. Healthcare professionals and consumers are also advised to report any incident of hypertension or increase in blood pressure following the use of omeprazole.

4.1 Limitations

Readers should interpret the findings of this study with caution, taking the following limitations into consideration: First, hypertension is a multifactorial disease in which several variables that could contribute to this causal inference cannot be controlled or ruled

out due to the retrospective nature of the study. Second, the diagnosis of hypertension could not be validated by the authors, and the probability of reversibility of the outcome of interest is unknown for a similar reason to that mentioned above. Third, the incidence rate of hypertension associated with omeprazole is not known as the cases were voluntarily reported from different parts of the world, which is an inherent limitation of spontaneous reporting of adverse drug reactions. Fourth, the causal inference is made based on the currently available level of evidence, and thus, this signal should be considered as tentative, and the direction of association/causation might be changed over time with better evidence. Hence, further experimental and epidemiological studies are recommended to substantiate the suggested causal relationship.

5 Conclusion

The strength of the association, temporality, specificity, consistency, existing possible biological mechanisms and experimental evidence, coherence, and analogies support the notion that omeprazole could be a potential cause of hypertension. Hence, it is recommended to monitor and report any incidence of hypertension or elevation in blood pressure following the administration of omeprazole, and conduct additional experimental and epidemiological studies to corroborate the suggested causal association.

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Declarations

Conflict of interest Mulugeta Russom is an Editorial Board member of *Drugs - Real World Outcomes*, but was not involved in the selection of peer reviewers for the manuscript nor any of the subsequent editorial decisions. The other authors declare that they have no competing interests.

Ethics approval Information of all cases retrieved from the WHO global database of individual case safety reports is de-identified and ethics approval is not required.

Availability of data and material The datasets generated and analyzed during the current study are not publicly available due to agreements between contributors of data to the database used (VigiBase) and the custodian of the database. National Centers (mainly drug regulatory authorities) constituting the WHO Programme for International Drug Monitoring (PIDM) contribute data to VigiBase and the Uppsala Monitoring Centre is the custodian in its capacity as WHO Collaborating Centre for International Drug Monitoring. Some subsets of the data may be available from the corresponding author on reasonable request.

Disclaimer The authors are indebted to the National Centers that make up the WHO Programme for International Drug Monitoring and contribute reports to VigiBase. However, the opinions and conclusions of this study are not necessarily those of the various Centers nor of the WHO or the Uppsala Monitoring Centre, Sweden. Readers should be aware that cases reported to VigiBase are of different quality and merely represent suspicious associations.

Author contributions MB and MR contributed to the conception and planning of the work described. All the authors contributed to the study design, analysis of publications, data analysis and their interpretation. MB and MR drafted the article, and it was reviewed by the rest of the authors. Finally, all authors read and approved the final manuscript and, therefore, share collective responsibility and accountability for the manuscript.

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Consent for publication Not applicable.

Code availability Not applicable.

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